



# *Life Cycle Assessment*

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Institute**

**Sustainable Design of Canadian Buildings  
SDCB 201 – Green Building Tools and Techniques**

# Presentation Outline



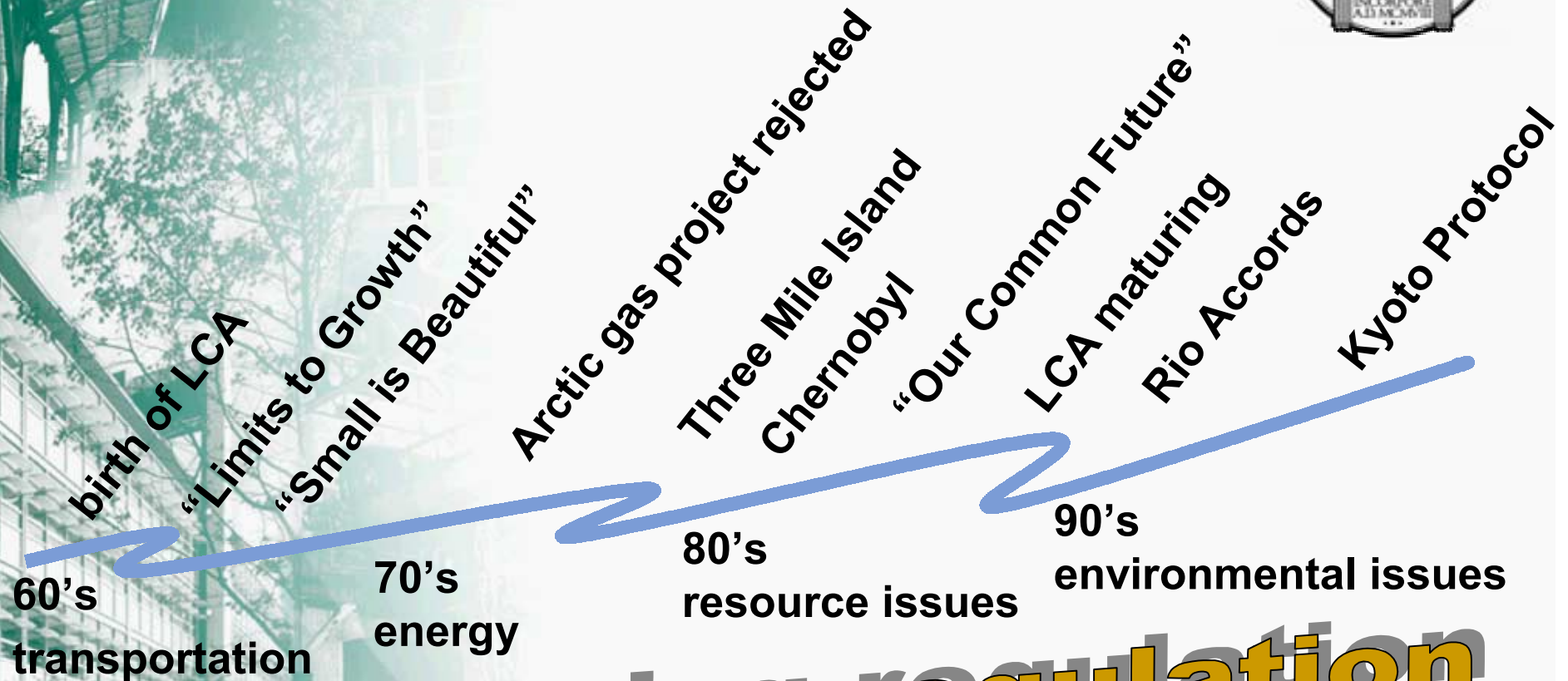
- Environmental issues in perspective
- LCA definitions and terms
- LCA in practice: building industry perspective
- Cautions and concerns
- Mayo school example
- Why LCA: the proxies problem
- Concluding message



# Environmental Issues in Perspective

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# Dominant Themes and 'Environmental' Milestones



**Increasing regulation**



transportation



energy use



water use



# Focus on the Environment

resource extraction effects



resource use (depletion)



emissions to water



emissions to air



solid wastes



# Environmental Realities



- Environmental events & decisions increasingly transnational
- Environment is geopolitics
- Clutter and confusion — eco-methods, eco-events, eco-orgs
- Misinformation and speculation often push aside science
- Wrong answers may carry as much weight as correct ones

## LCA can help . . .

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# LCA Definitions and Terms

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# What is LCA?

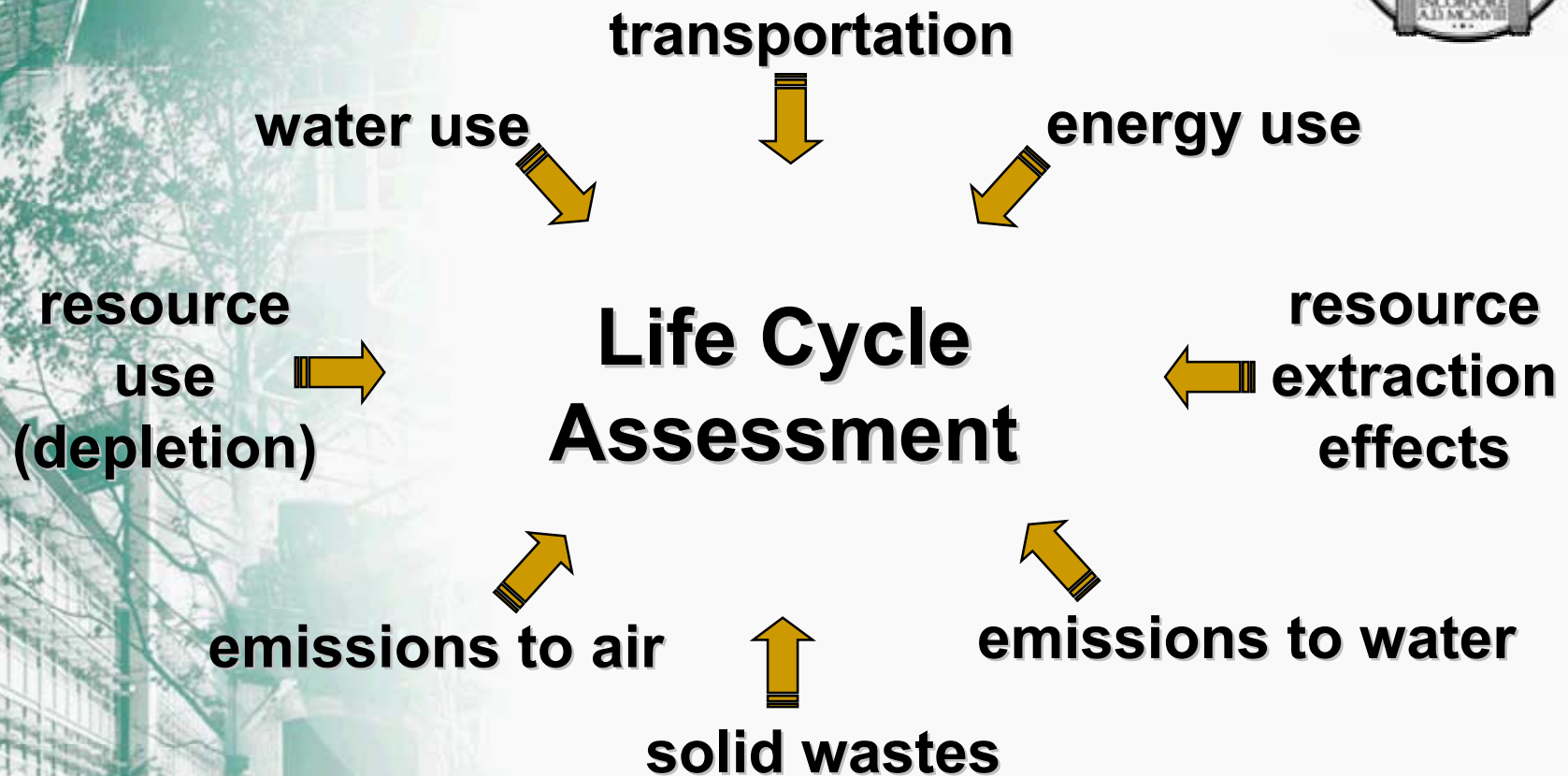
*“a compilation and evaluation of the inputs, outputs and the potential environmental impacts of a product system throughout its life cycle”*

*International Standard ISO 14040, Reference Number ISO 14040:1997(E), p2*

*OR*

*a methodology for assessing the life cycle environmental performance of products and processes*





# Building Life Cycle Stages and Effects



## Life Cycle Stages

## Environmental Effects

Cradle - to - gate  
(Manufacturing)



On-site construction



Operations & Maintenance  
(Occupancy)



End - of - Life



Initial  
embodied



Recurring  
embodied  
+  
Operating



Final Embodied

# A Wide Range of Embodied Effects



- Embodied effects include:
  - ◆ Resource use (raw materials, land, water, energy)
  - ◆ Emissions to air, water and land
- Beware the common tendency to think only of embodied energy
- Energy is important, but not the whole story
- And there are embodied effects in energy itself (i.e., in making and moving energy)

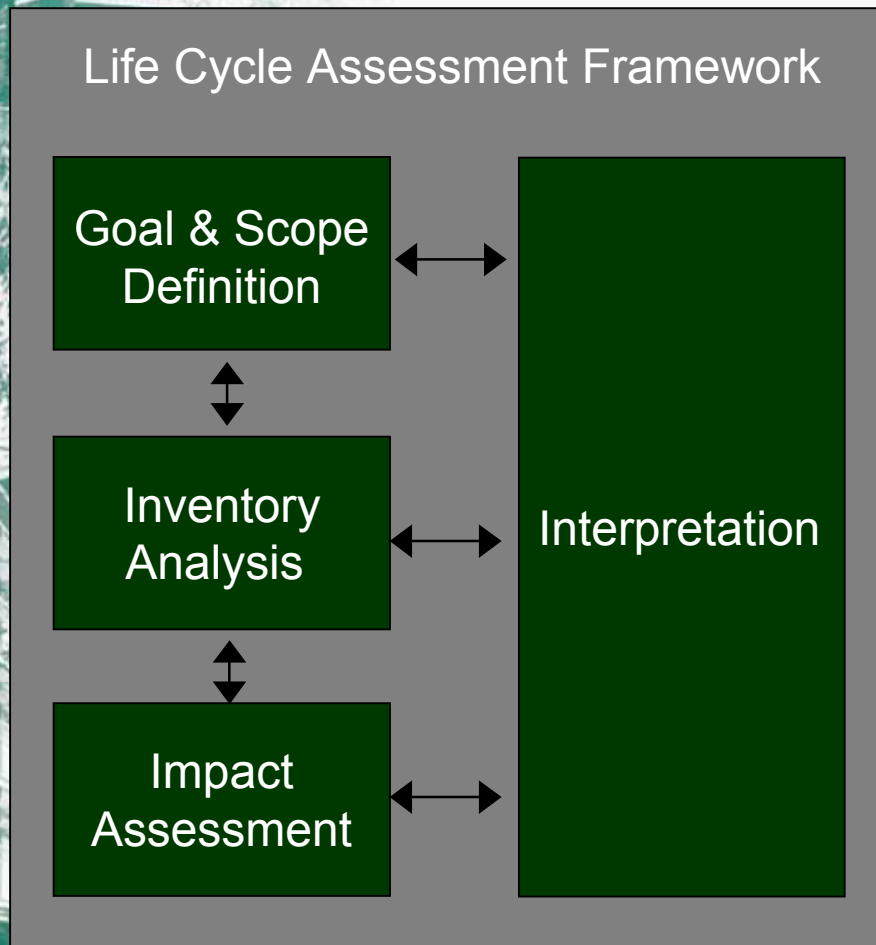


# **LCA in Practice**

## **A Building Community Perspective**

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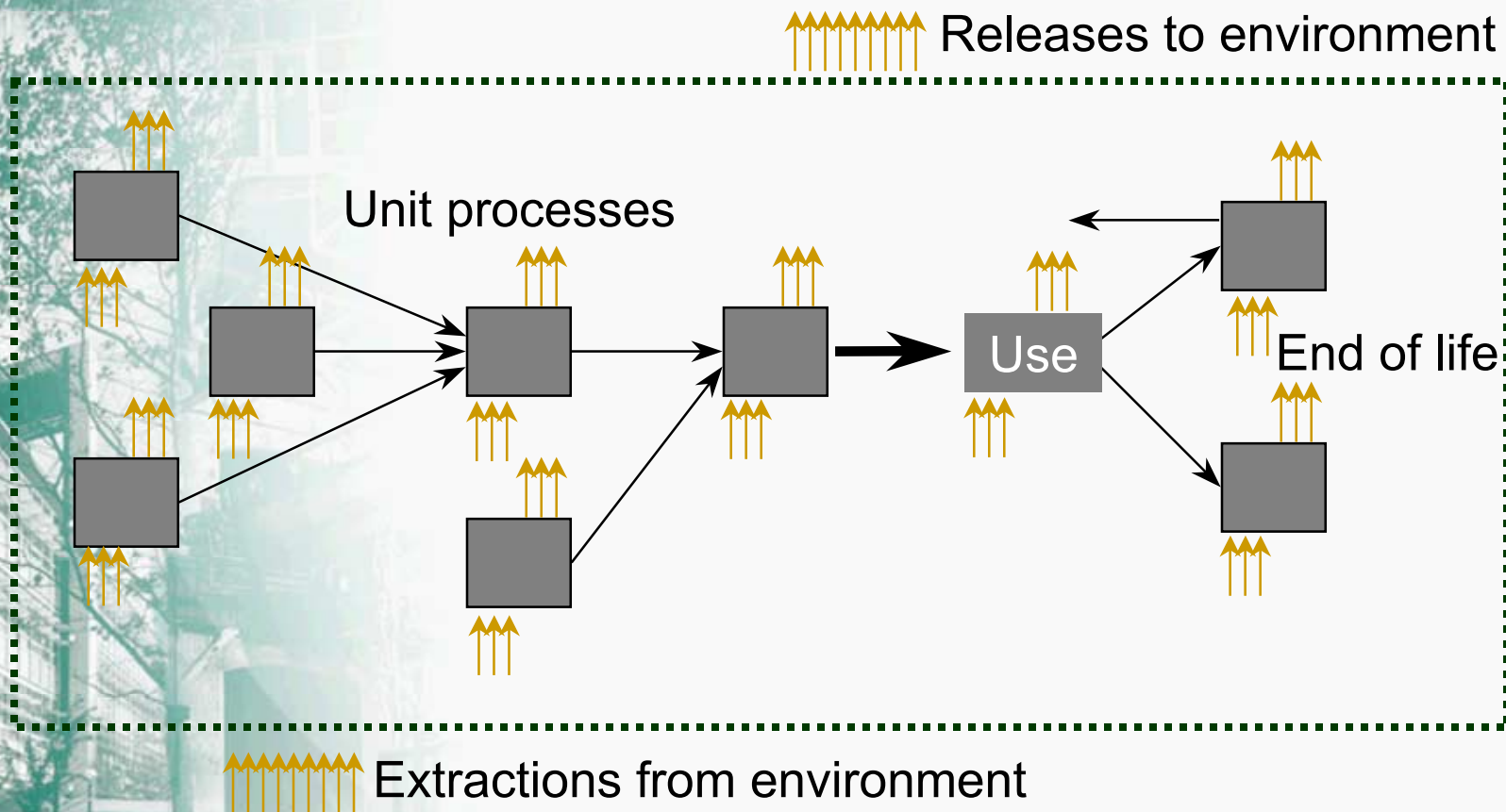
# The ISO 14040 Framework ('97)



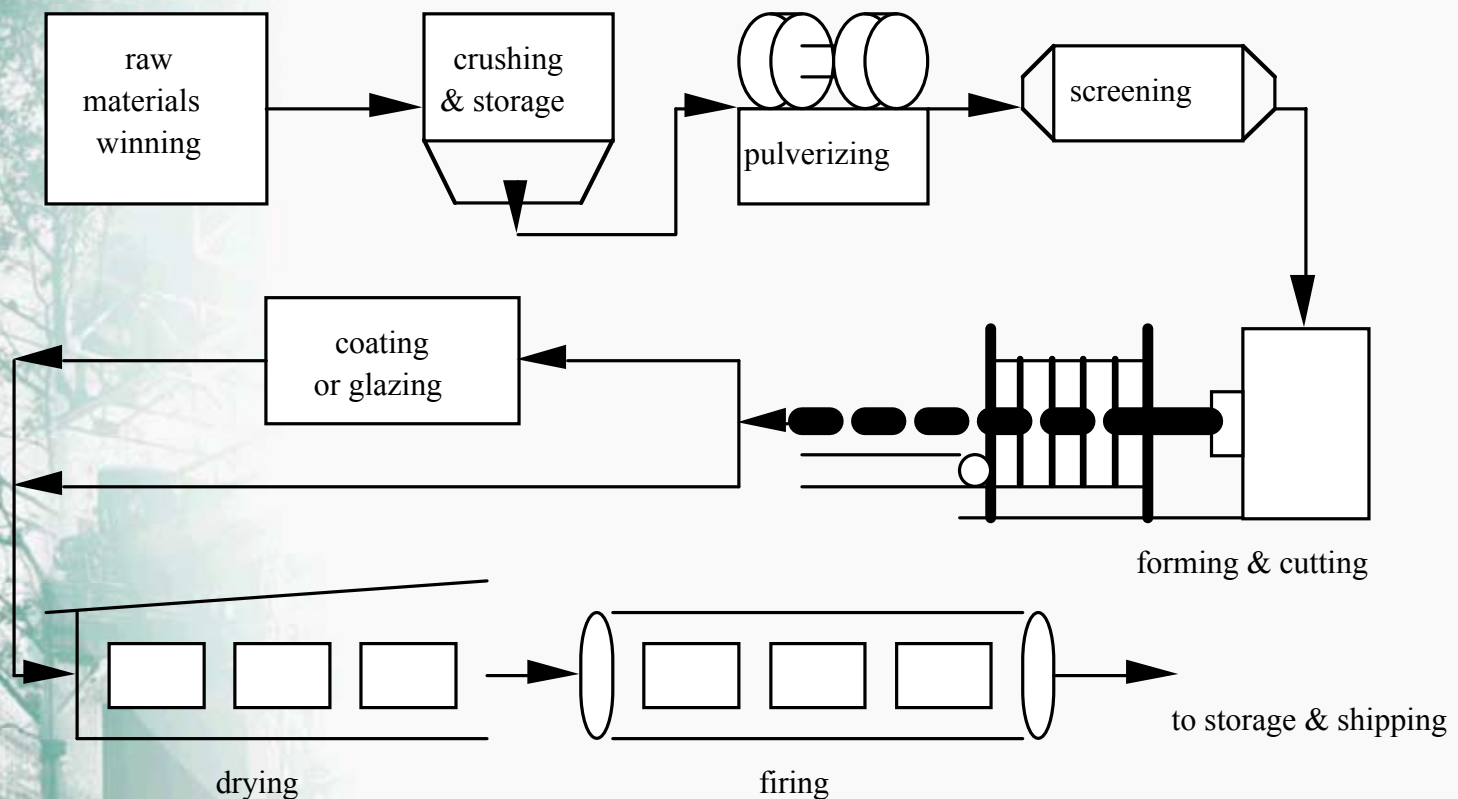
## Direct Applications

- Product Development & Improvement
- Strategic planning
- Public policy making
- Marketing
- Other

# Life Cycle Inventory Analysis

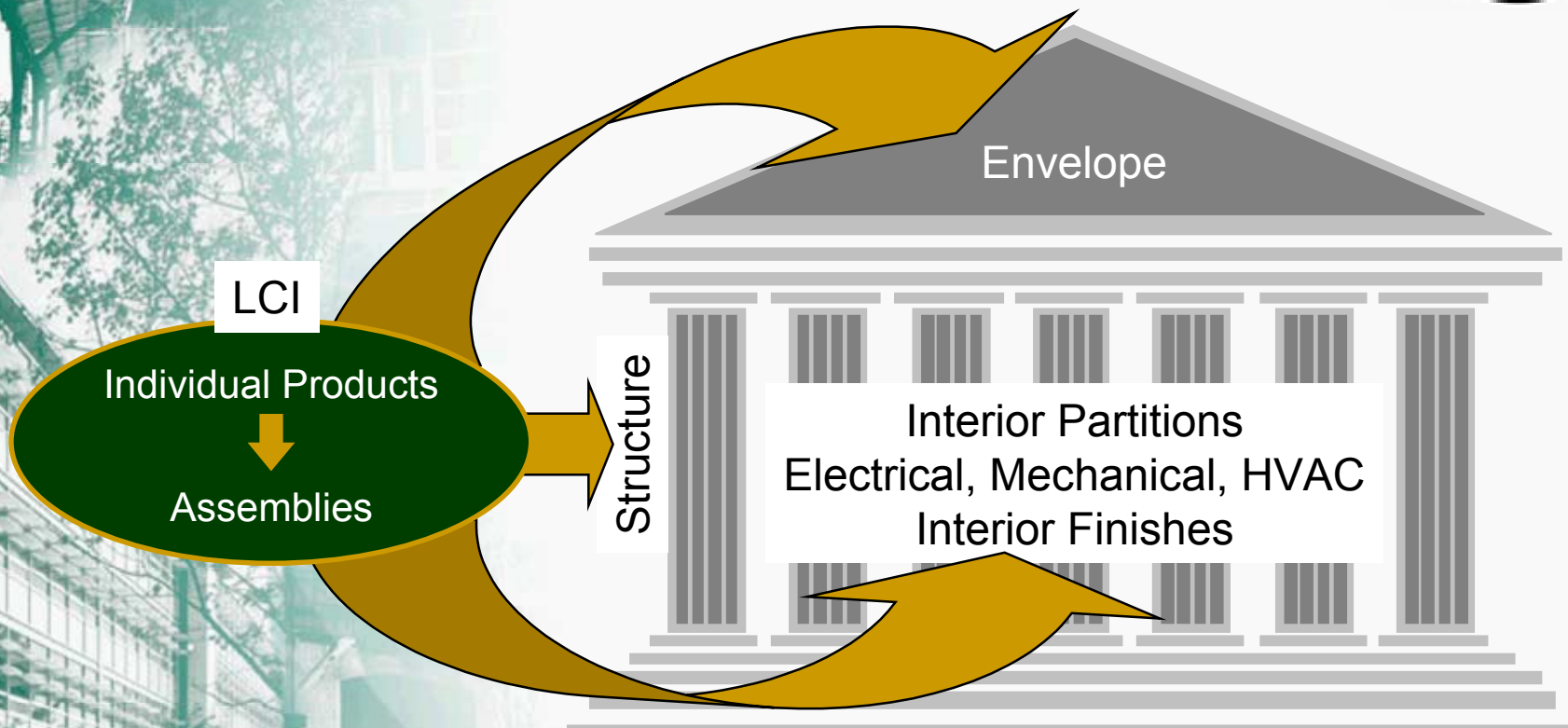


# Clay Brick Production Unit Processes



# Product & Building LCIs

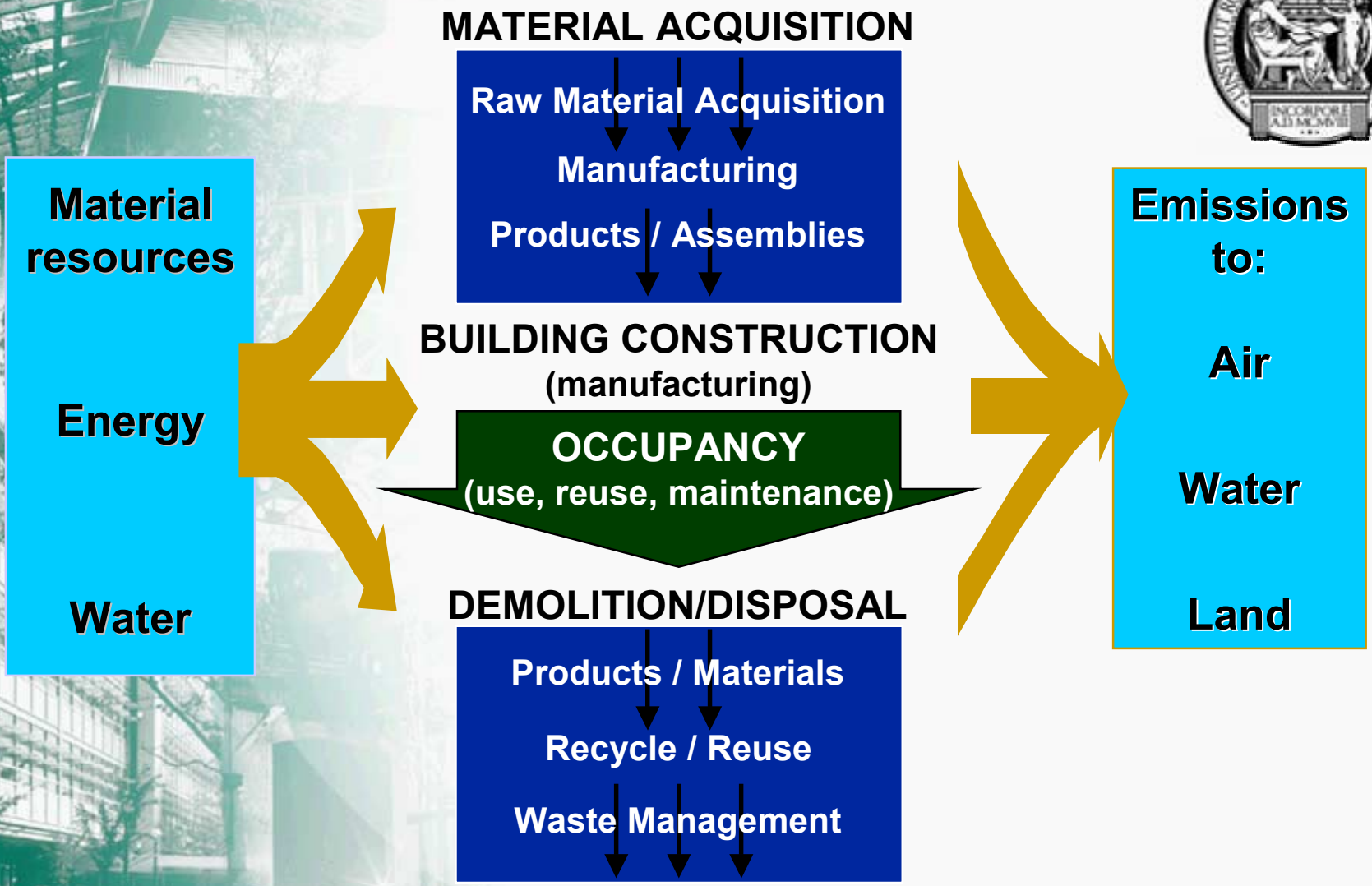
tracking the flows to and from nature . . .



. . . over the complete life cycle



# Building Life Cycle Inventory



# Impact Assessment Phase



Inventory



Impact Indicators



Impact Assessment (Valuation)

THE GOAL: to measure ultimate impacts on human and ecosystem health

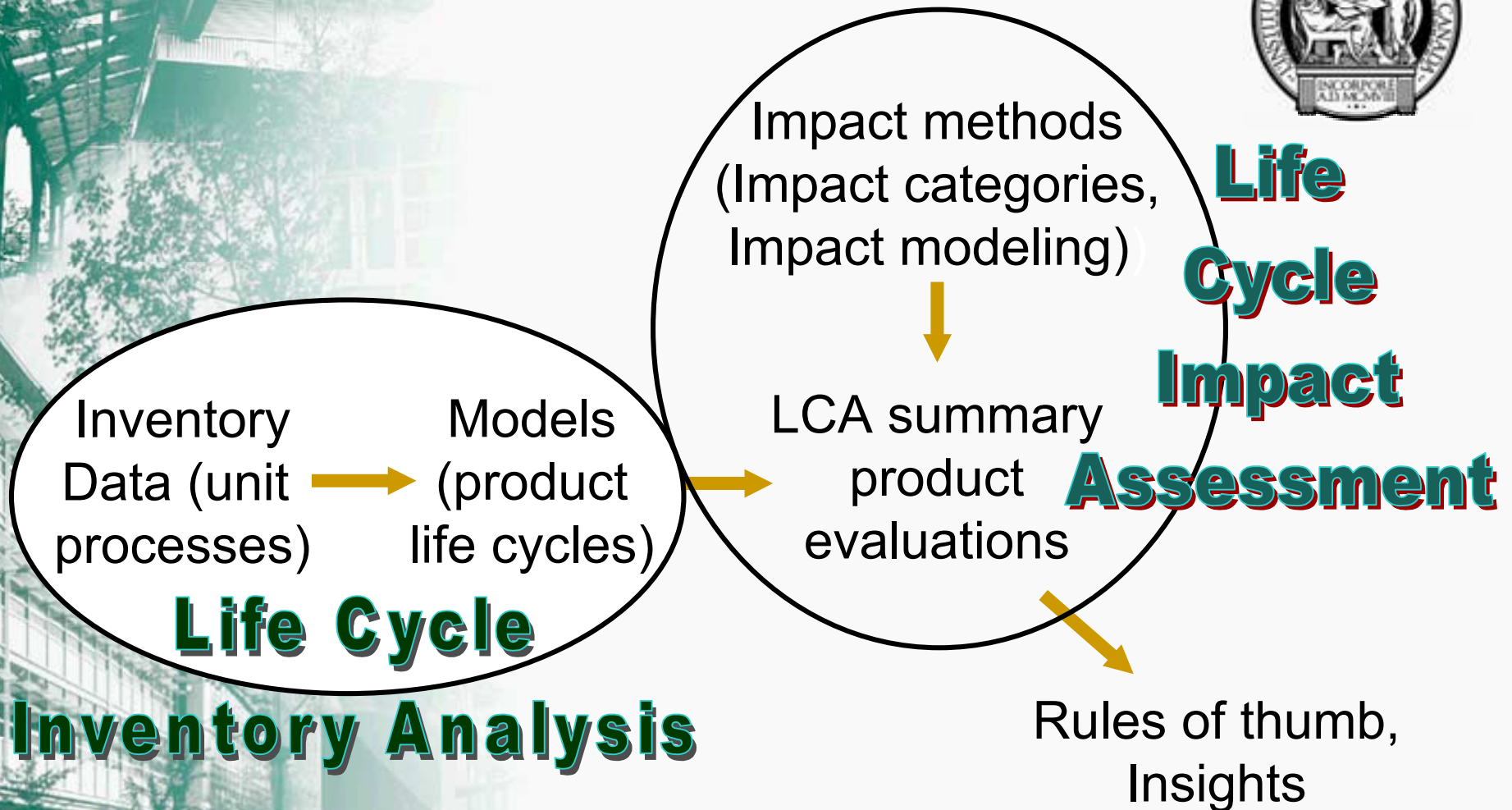
- global warming potential
- ozone depletion
- acid rain
- etc.

# High Performance Building Metrics (NREL)



- Global warming potential
- Stratospheric ozone depletion
- Ground-level ozone or smog
- Nutrifaction/eutrophication of water bodies
- Acidification & acid deposition (dry and wet)
- Human health effects — cancer and non-cancer (from toxic releases to air, water, land)

# LCA in action...



# A key distinction between . . .



## LCA Practitioners

- Work at the level of materials & products
- Understand LCA and the relevant unit processes
- LCA is in their job description

## Architects & Engineers

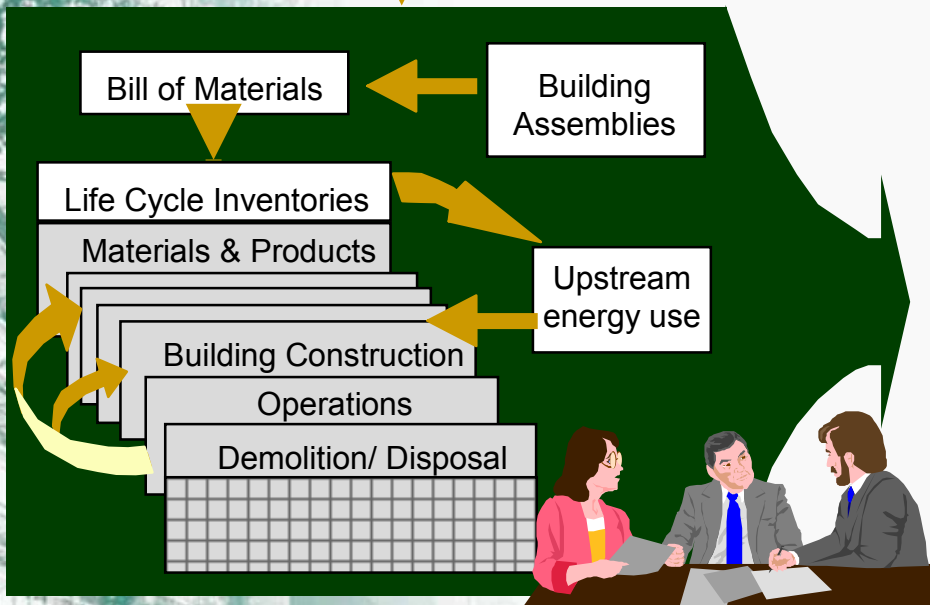
- Work at the level of the whole building
- May not understand LCA or the production processes
- Often not paid to be green



# ATHENA™ at work . . .



- Regional**
- Electricity grids
  - Transportation
  - Production Processes



- INVENTORY**
- ◆ Raw Materials
  - ◆ Energy Use
  - ◆ Water Use
  - ◆ Emissions to Air
  - ◆ Emission to Water
  - ◆ Solid Wastes

- SUMMARY MEASURES**
- ◆ Global Warming Potential
  - ◆ Air Pollution
  - ◆ Water Pollution
  - ◆ Resource Extraction Effects

. . . informed environmental choices



# Cautions and Concerns

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# The LCI is Critical

Quality of LCA results  $\leq$  Quality of LCI data

No matter what tool is used or  
how results are presented



# Bear in mind that LCA . . .



- While a useful tool for businesses from both internal and external perspectives
- Is a physical accounting system with politicized protocols and conventions
- Used and sometimes misused in a highly competitive atmosphere
  - ◆ product-to-product
  - ◆ database-to-database
  - ◆ tool-to-tool

# Some Specific Concerns



- Maintaining comparability among materials or products
  - ◆ consistent assumptions
  - ◆ same boundary and scope conditions
  - ◆ same level of detail
- Implications of building life cycle uncertainty, unpredictability
- Ensuring functional equivalence

# The Uncertainty Factor



## MATERIAL ACQUISITION

Raw Material Acquisition

Manufacturing

Products / Assemblies

## BUILDING CONSTRUCTION (manufacturing)

OCCUPANCY

(use, reuse, maintenance)

## DEMOLITION/DISPOSAL

Products / Materials

Recycle / Reuse

Waste Management

Occurs over a relatively short time frame (e.g 18-36 months)

Is likely to last many years (50 -100 or more)

# Functional Equivalence . . .



- Want comparisons between functionally equivalent products, materials, etc.
- But choice of one product may dictate other choices, and
- Different combinations can have different operating and maintenance implications

**. . . only at the level of a complete design**

# Interpreting Results



- Be careful about
  - ◆ single criterion measures
  - ◆ simple or subjective scores
  - ◆ 'green labels'
- Favour a comparative framework
- Use the 'less is better' rule, but with care
- Judge significance by benchmarking



QuickTime™ and a  
Photo - JPEG decompressor  
are needed to see this picture.

# *Mayo School Example*

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# Mayo School

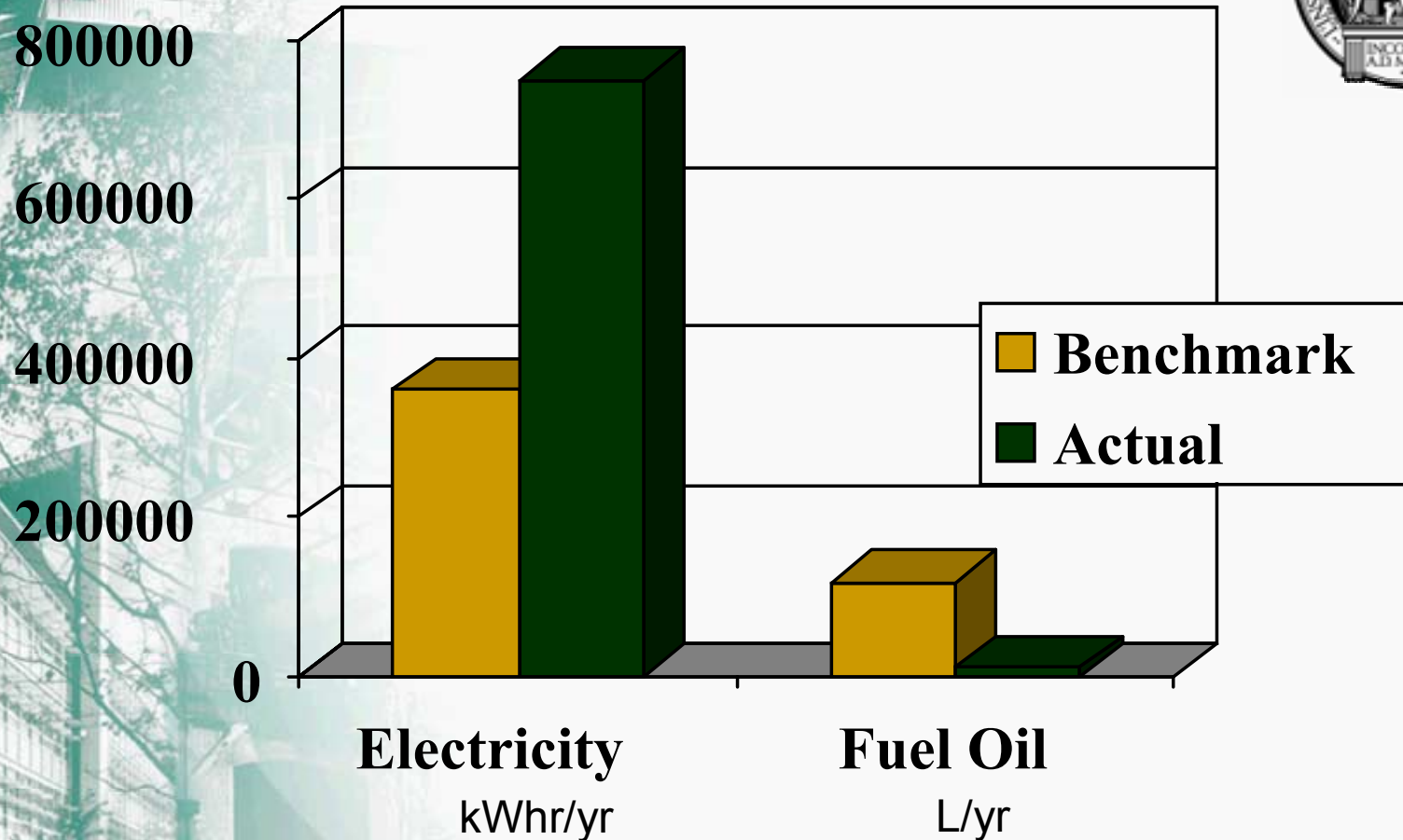
## Material & Dimensional Design



Building Component	Benchmark Design	Actual Design
Gross Floor Area	3220 m <sup>2</sup>	3220 m <sup>2</sup>
Design life	80yrs	80yrs
Primary Structure	Single storey, traditional light frame wood construction	Single storey, engineered wood light frame construction
Envelope	2x6 wood studs, 140mm fibreglass insulation	Double wood stud wall, 200mm fibreglass insulation
Exterior cladding/ fenestration	Wood shiplap siding/ aluminium fixed frame window, Low E' argon	Wood shiplap siding/ PVC operable frame window, Low E' argon
Roofing system/ insulation	Conventional 2-ply Mod Bit membrane, 100mm XPS	Conventional 2-ply Mod Bit membrane, 250mm cellulose

# Mayo School

## End Use Operating Energy

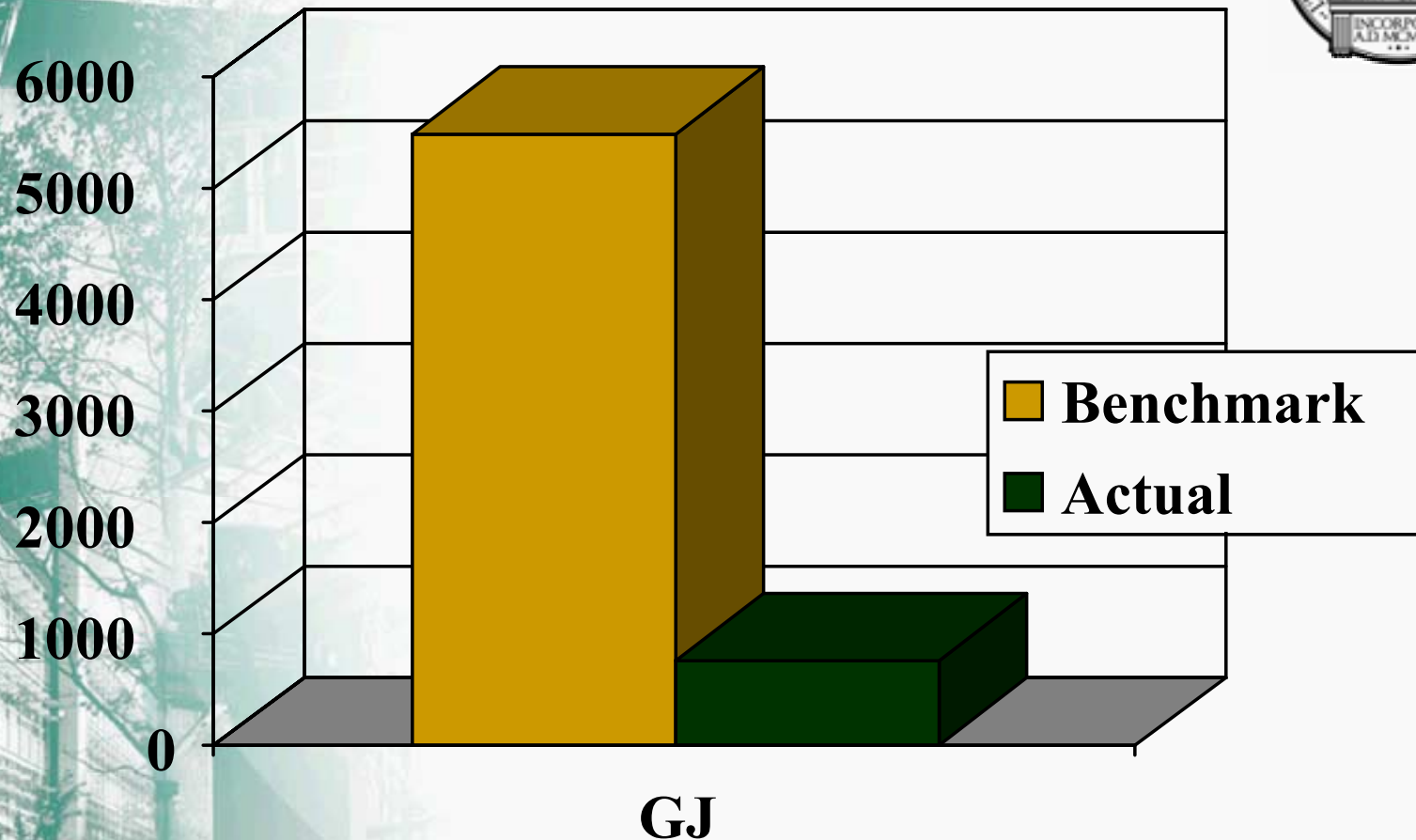


Source: S. Pope using CBIP estimating procedure



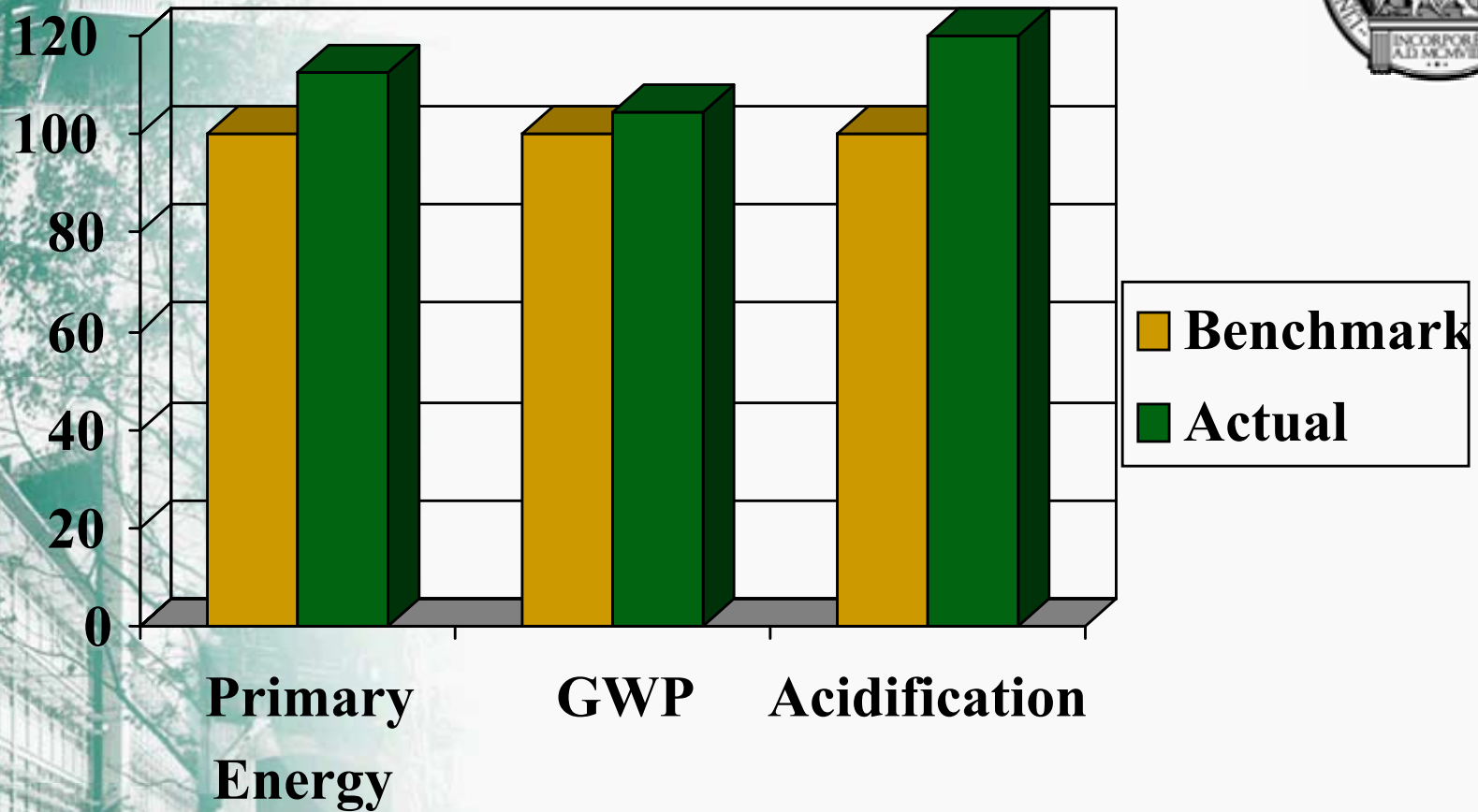


# Mayo School Primary Operating Energy



Source: Athena™ Environmental Impact Estimator

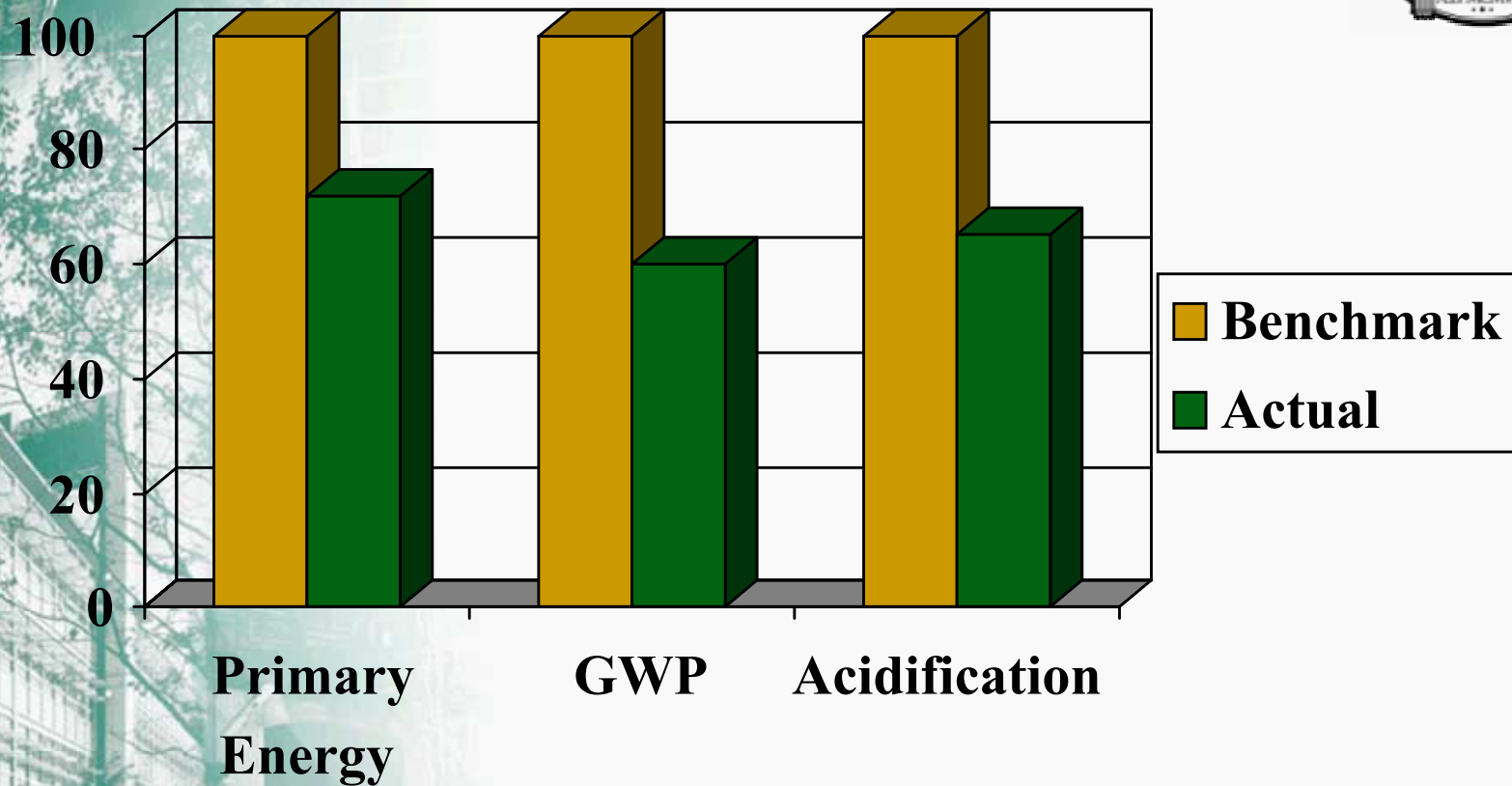
# Mayo School Embodied Effects



Source: Athena™ Environmental Impact Estimator

# Mayo School

## Total Embodied + Operating Effects



Source: Athena™ Environmental Impact Estimator



# Why LCA?

## The Proxies Problem

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# Example Proxies in Level 3 Assessment Systems



- Recycled content
- Regional purchasing
- Rapid rotation renewables

**... Tend to Confuse Ends & Means**

# Recycled Content



“Increase demand for building products that incorporate recycled content materials, therefore reducing impacts resulting from extraction and processing of new virgin materials.”

LEED™2.1 Intent, MR Credits 4.1, 4.2

## BUT . . .



- Recycling does not always result in reduced burdens
- Tends to weight land fill concerns over energy use, global warming, etc.
- Favours metals over other potentially more benign materials
- Greater use of metals does little to meet the intent (simply rewards business as usual practices)

# SIMILARLY . . .



- Regional purchasing may or may not result in lower burdens, depending on various factors, e.g.:
  - ◆ Environmental performance of local producers
  - ◆ Source of inputs to local producers
- For short rotation renewables, have to consider:
  - ◆ Fertilizers, pesticides, herbicides
  - ◆ Harvesting and processing effects
  - ◆ Land use & soil depletion effects
  - ◆ Water use



# AND . . .



- Even in the case of operating energy, we should consider:
  - ◆ Source (e.g., of electricity)
  - ◆ Type (e.g., oil vs. natural gas)
  - ◆ Pre-combustion effects (energy to make and move energy)
- Not a single LEED credit if all embodied effects cut in half for a final design compared to a benchmark
- No credit for intentional increases in embodied effects that lead to decreased life cycle effects

# Concluding Message



- LCA is a powerful environmental assessment approach
- It complements life cycle costing
- The only known way to replace the sometimes misleading proxies in Level 3 assessment systems
- Its widespread application requires reliable tools for non-practitioners based on sound LCI data
- It also requires benchmarking so we know when we are losing and gaining